

Mondays to Fridays except public holidays

M Whitley Bay HSBC	0717 0744 0814 0851 0921 0951	21 51	1421 1451 1525 1559 1629 1710
North Tyneside Hospital	0617 0654 0724 0751 0821 0858 0928 0958	28 58	1428 1458 1532 1606 1636 1717
Preston Grange Morrisons	0623 0700 0730 0757 0827 0904 0934 1004	34 04	1434 1504 1540 1614 1642 1723
Hawkeys Lane Health Centre	0628 0705 0735 0803 0833 0910 0940 1010	40 10	1440 1510 1546 1620 1648 1729
M North Shields Metro	0633 0710 0740 0810 0844 0917 0947 1017	47 17	1447 1517 1555 1629 1655 1735
Royal Quays Outlet Centre	0639 0716 0746 0816 0850 0923 0953 1023	53 23	1453 1523 1601 1635 1701 1741
Percy Main village	0643 0720 0750 0821 0854 0927 0957 1027	57 27	1457 1527 1605 1639 1705 1745
East Howdon	0646 0723 0753 0823 0857 0930 1000 1030	00 30	1500 1531 1608 1642 1708 1748
M Howdon Metro	0650 0727 0757 0827 0901 0934 1004 1034	04 34	1504 1535 1612 1646 1712 1752
Howdon Tynemouth Road Aldi	0651 0728 0758 0828 0902 0935 1005 1035	05 35	1505 1536 1613 1647 1713 1753
Wallsend Forum	0658 0736 0807 0837 0911 0945 1015 1045	15 45	1515 1546 1623 1657 1723 1802
Wallsend High Street Duke of York	0738 0809 0839 0913 0947 1017 1047	17 47	1517 1548 1625 1659 1725

M Whitley Bay HSBC	1742 1812 1842 1912 1942 2012 2042 2112 2142 2212 2242 2312
North Tyneside Hospital	1748 1818 1848 1918 1948 2018 2048 2118 2148 2218 2248 2318
Preston Grange Morrisons	1754 1824 1854 1924 1954 2024 2054 2124 2154 2224 2254 2324
Hawkeys Lane Health Centre	1758 1828 1858 1928 1958 2028 2058 2128 2158 2228 2258 2328
M North Shields Metro	1804 1834 1904 1934 2004 2034 2104 2134 2204 2234 2304
Royal Quays Outlet Centre	1810 1840 1910 1940 2010 2040 2110 2140 2210 2240 2310
Percy Main village	1814 1844 1914 1944 2014 2044 2114 2144 2214 2244 2314
East Howdon	1817 1847 1917 1947 2017 2047 2117 2147 2217 2247 2317
M Howdon Metro	1821 1851 1921 1951 2021 2051 2121 2151 2221 2251 2321
Howdon Tynemouth Road Aldi	1822 1852 1922 1952 2022 2052 2122 2152 2222 2252 2322
Wallsend Forum	1830 1900 1930 2000 2030 2100 2130 2200 2230 2300 2330
Wallsend High Street Duke of York	1832 1902 1932 2002 2032 2102 2132 2202 2232 2302 2332

Saturdays

M Whitley Bay HSBC	0751 0821 0851	51 21	1621 1654 1724 1752 1822 1852	12 42	2242 2312
North Tyneside Hospital	0709 0739 0758 0828 0858	58 28	1628 1701 1731 1758 1828 1858	18 48	2248 2318
Preston Grange Morrisons	0715 0745 0804 0834 0904	04 34	1634 1707 1737 1804 1834 1904	24 54	2254 2324
Hawkeys Lane Health Centre	0720 0750 0810 0840 0910	10 40	1640 1712 1742 1808 1838 1908	28 58	2258 2328
M North Shields Metro	0726 0756 0817 0847 0917	17 47	1647 1720 1750 1814 1844 1914	34 04	2304
Royal Quays Outlet Centre	0732 0802 0823 0853 0923	23 53	1653 1726 1756 1820 1850 1920	40 10	2310
Percy Main village	0735 0805 0827 0857 0927	27 57	1657 1731 1801 1824 1854 1924	44 14	2314
East Howdon	0738 0808 0830 0900 0930	30 00	1700 1734 1804 1827 1857 1927	47 17	2317
M Howdon Metro	0742 0812 0834 0904 0934	34 04	1704 1738 1808 1831 1901 1931	51 21	2321
Howdon Tynemouth Road Aldi	0743 0813 0835 0905 0935	35 05	1705 1739 1809 1832 1902 1932	52 22	2322
Wallsend Forum	0752 0822 0844 0915 0945	45 15	1715 1748 1818 1840 1910 1940	00 30	2330
Wallsend High Street Duke of York	0754 0824 0846 0917 0947	47 17	1717 1750 1820 1842 1912 1942	02 32	2332

Sundays & public holidays

Whitley Bay HSBC	0912 0942 1012	42 12	2142 2212 2242 2312
North Tyneside Hospital	0848 0918 0948 1018	48 18	2148 2218 2248 2318
Preston Grange Morrisons	0854 0924 0954 1024	54 24	2154 2224 2254 2324
Hawkeys Lane Health Centre	0858 0928 0958 1028	58 28	2158 2228 2258 2328
M North Shields Metro	0904 0934 1004 1034	04 34	2204 2234 2304
Royal Quays Outlet Centre	0910 0940 1010 1040	10 40	2210 2240 2310
Percy Main village	0914 0944 1014 1044	14 44	2214 2244 2314
East Howdon	0917 0947 1017 1047	17 47	2217 2247 2317
M Howdon Metro	0921 0951 1021 1051	21 51	2221 2251 2321
Howdon Tynemouth Road Aldi	0922 0952 1022 1052	22 52	2222 2252 2322
Wallsend Forum	0930 1000 1030 1100	30 00	2230 2300 2330
Wallsend High Street Duke of York	0932 1002 1032 1102	32 02	2232 2302 2332

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Wallsend High Street Duke of York	0649	0719	0747	0815	0845	0917	0949	1019	then every 30 mins	49 19	until	1419	1449	1524	1557	1632	1702	1732
Wallsend Forum	0650	0720	0748	0816	0846	0918	0950	1020		50 20		1420	1450	1525	1558	1633	1703	1733
Howdon Tynemouth Road Aldi	0657	0727	0756	0825	0855	0927	1000	1030		00 30		1430	1500	1535	1608	1643	1713	1743
Howdon Metro	0658	0728	0757	0826	0856	0928	1001	1031		01 31		1431	1501	1536	1609	1644	1714	1744
East Howdon	0702	0732	0801	0830	0900	0932	1005	1035		05 35		1435	1505	1540	1613	1648	1718	1748
Percy Main village	0705	0735	0804	0833	0903	0935	1008	1038		08 38		1438	1508	1543	1616	1651	1721	1751
Royal Quays Outlet Centre	0707	0737	0806	0836	0906	0938	1011	1041		11 41		1441	1511	1546	1619	1654	1724	1754
North Shields Bedford Street	0715	0745	0815	0845	0915	0947	1020	1050		20 50		1450	1522	1557	1630	1703	1733	1803
Hawkeys Lane Health Centre	0721	0751	0822	0852	0922	0954	1027	1057		27 57		1457	1529	1604	1637	1710	1740	1810
Preston Grange Morrisons	0726	0756	0828	0858	0928	1000	1033	1103		33 03		1503	1535	1610	1643	1716	1746	1816
North Tyneside Hospital	0732	0802	0834	0904	0934	1006	1039	1109	39 09	1509	1541	1616	1649	1722	1752	1822		
Whitley Bay Park Avenue	0739	0809	0841	0911	0941	1013	1046	1116	46 16	1516	1548	1623	1656	1729	1759	1829		

Wallsend High Street Duke of York	1802	1838	1915	1945	2015	2045	2115	2145	2215	2245	2315
Wallsend Forum	1803	1839	1916	1946	2016	2046	2116	2146	2216	2246	2316
Howdon Tynemouth Road Aldi	1811	1847	1924	1954	2024	2054	2124	2154	2224	2254	2324
Howdon Metro	1812	1848	1925	1955	2025	2055	2125	2155	2225	2255	2325
East Howdon	1816	1852	1929	1959	2029	2059	2129	2159	2229	2259	2329
Percy Main village	1819	1855	1932	2002	2032	2102	2132	2202	2232	2302	2332
Royal Quays Outlet Centre	1822	1858	1935	2005	2035	2105	2135	2205	2235	2305	2335
North Shields Bedford Street	1829	1905	1942	2012	2042	2112	2142	2212	2242	2312	
Hawkeys Lane Health Centre	1834	1910	1947	2017	2047	2117	2147	2217	2247	2317	
Preston Grange Morrisons	1838	1914	1951	2021	2051	2121	2151	2221	2251	2321	
North Tyneside Hospital	1844	1920	1957	2027	2057	2127	2157	2227	2257	2327	
Whitley Bay Park Avenue	1850	1926	2003	2033	2103	2133	2203	2233	2303	2333	

Saturdays

Wallsend High Street Duke of York	0659	0729	0759	0827	0850	0919	0949	then every 30 mins	19 49	until	1719	1751	1821	1845	1915	1945	2015
Wallsend Forum	0700	0730	0800	0828	0851	0920	0950		20 50		1720	1752	1822	1846	1916	1946	2016
Howdon Tynemouth Road Aldi	0707	0737	0807	0837	0900	0930	1000		30 00		1730	1800	1830	1854	1924	1954	2024
Howdon Metro	0708	0738	0808	0838	0901	0931	1001		31 01		1731	1801	1831	1855	1925	1955	2025
East Howdon	0712	0742	0812	0842	0905	0935	1005		35 05		1735	1805	1835	1859	1929	1959	2029
Percy Main village	0715	0745	0815	0845	0908	0938	1008		38 08		1738	1808	1838	1902	1932	2002	2032
Royal Quays Outlet Centre	0717	0747	0817	0847	0911	0941	1011		41 11		1741	1811	1841	1905	1935	2005	2035
North Shields Bedford Street	0725	0755	0825	0855	0920	0950	1020		50 20		1750	1818	1848	1912	1942	2012	2042
Hawkeys Lane Health Centre	0730	0800	0830	0900	0927	0957	1027		57 27		1757	1823	1853	1917	1947	2017	2047
Preston Grange Morrisons	0734	0804	0834	0904	0933	1003	1033		03 33		1803	1827	1857	1921	1951	2021	2051
North Tyneside Hospital	0740	0810	0840	0910	0939	1009	1039	09 39	1809	1833	1903	1927	1957	2027	2057		
Whitley Bay Park Avenue	0746	0816	0846	0916	0946	1016	1046	16 46	1816	1839	1909	1933	2003	2033	2103		

Saturdays

Wallsend High Street Duke of York	2045	2115	2145	2215	2245	2315
Wallsend Forum	2046	2116	2146	2216	2246	2316
Howdon Tynemouth Road Aldi	2054	2124	2154	2224	2254	2324
Howdon Metro	2055	2125	2155	2225	2255	2325
East Howdon	2059	2129	2159	2229	2259	2329
Percy Main village	2102	2132	2202	2232	2302	2332
Royal Quays Outlet Centre	2105	2135	2205	2235	2305	2335
North Shields Bedford Street	2112	2142	2212	2242	2312	
Hawkeys Lane Health Centre	2117	2147	2217	2247	2317	
Preston Grange Morrisons	2121	2151	2221	2251	2321	
North Tyneside Hospital	2127	2157	2227	2257	2327	
Whitley Bay Park Avenue	2133	2203	2233	2303	2333	

Sundays & public holidays

	0945	1015	then every 30 mins	45 15	until	2145	2215	2245	2315	
	0946	1016		46 16		2146	2216	2246	2316	
	0954	1024		54 24		2154	2224	2254	2324	
	0955	1025		55 25		2155	2225	2255	2325	
	0959	1029		59 29		2159	2229	2259	2329	
	0932	1002		1032		02 32	2202	2232	2302	2332
	0935	1005		1035		05 35	2205	2235	2305	2335
	0942	1012		1042		12 42	2212	2242	2312	
	0947	1017		1047		17 47	2217	2247	2317	
	0951	1021		1051		21 51	2221	2251	2321	
	0957	1027	1057	27 57	2227	2257	2327			
	1003	1033	1103	33 03	2233	2303	2333			

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