

Mondays to Fridays except public holidays

| | ^A 355 | ^A 355 | ^A 355 | ^A 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 |
|--|------------------|------------------|------------------|------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| Whitley Bay Bournemouth Gardens | | | | | | | | | 0931 | | 1031 | | 1131 | | 1231 | | 1331 | |
| M Whitley Bay HSBC | | | | | 0725 | | 0827 | | 0937 | | 1037 | | 1137 | | 1237 | | 1337 | |
| M Monkseaton Front Street Shops | | | | | 0729 | | 0831 | | 0942 | | 1042 | | 1142 | | 1242 | | 1342 | |
| North Tyneside Hospital | | | | | 0738 | | 0844 | | 0949 | | 1049 | | 1149 | | 1249 | | 1349 | |
| Rake Lane Falmouth Road | | | | | 0738 | | 0845 | | 0950 | | 1050 | | 1150 | | 1250 | | 1350 | |
| Murton Village Robin Hood | | | | | 0743 | | 0849 | | 0954 | | 1054 | | 1154 | | 1254 | | 1354 | |
| Cobalt Park Village Hotel | | | | | 0749 | | 0855 | | 0959 | | 1059 | | 1159 | | 1259 | | 1359 | |
| M Shiremoor Metro | | | | | 0754 | | 0900 | | 1004 | | 1104 | | 1204 | | 1304 | | 1404 | |
| Backworth Lane | | | | | 0803 | | 0909 | | 1013 | | 1113 | | 1213 | | 1313 | | 1413 | |
| Killingworth Bus Station Stand A <i>arr</i> | | | | | 0810 | | 0915 | | 1019 | | 1119 | | 1219 | | 1319 | | 1419 | |
| Killingworth Bus Station Stand A <i>dep</i> | | | | | 0815 | | 0920 | | 1021 | | 1121 | | 1221 | | 1321 | | 1421 | |
| Forest Hall Meadway Mead Crescent | 0616 | 0641 | 0711 | 0741 | 0824 | 0859 | 0929 | 0959 | 1029 | 1059 | 1129 | 1159 | 1229 | 1259 | 1329 | 1359 | 1429 | 1459 |
| Forest Hall Station Road North | 0624 | 0651 | 0721 | 0751 | 0834 | 0908 | 0938 | 1008 | 1038 | 1108 | 1138 | 1208 | 1238 | 1308 | 1338 | 1408 | 1438 | 1508 |
| Longbenton West Farm Avenue | 0630 | 0657 | 0727 | 0759 | 0842 | 0915 | 0944 | 1014 | 1044 | 1114 | 1144 | 1214 | 1244 | 1314 | 1344 | 1414 | 1445 | 1516 |
| M South Gosforth Roundabout | 0635 | 0702 | 0733 | 0806 | 0848 | 0920 | 0948 | 1018 | 1048 | 1118 | 1148 | 1218 | 1248 | 1318 | 1348 | 1418 | 1449 | 1520 |
| M Newcastle Haymarket | 0642 | 0711 | 0743 | 0817 | 0859 | 0929 | 0957 | 1027 | 1057 | 1127 | 1157 | 1227 | 1257 | 1327 | 1357 | 1427 | 1459 | 1530 |

356 355 356 355 356 355 356 355 356

| | | | | | | | | | | | | | | | | | | |
|--|------|------|------|------|------|------|------|------|------|--|--|--|--|--|--|--|--|--|
| Whitley Bay Bournemouth Gardens | 1431 | | 1534 | | | | | | | | | | | | | | | |
| M Whitley Bay HSBC | 1438 | | 1541 | | 1643 | | 1750 | | 1855 | | | | | | | | | |
| M Monkseaton Front Street Shops | 1443 | | 1546 | | 1648 | | 1755 | | 1859 | | | | | | | | | |
| North Tyneside Hospital | 1452 | | 1556 | | 1700 | | 1803 | | 1905 | | | | | | | | | |
| Rake Lane Falmouth Road | 1453 | | 1557 | | 1701 | | 1804 | | 1906 | | | | | | | | | |
| Murton Village Robin Hood | 1458 | | 1602 | | 1706 | | 1808 | | 1910 | | | | | | | | | |
| Cobalt Park Village Hotel | 1504 | | 1608 | | 1712 | | 1814 | | 1916 | | | | | | | | | |
| M Shiremoor Metro | 1509 | | 1613 | | 1717 | | 1818 | | 1920 | | | | | | | | | |
| Backworth Lane | 1518 | | 1622 | | 1726 | | 1826 | | 1928 | | | | | | | | | |
| Killingworth Bus Station Stand A <i>arr</i> | 1524 | | 1628 | | 1731 | | 1831 | | 1933 | | | | | | | | | |
| Killingworth Bus Station Stand A <i>dep</i> | 1528 | | 1632 | | 1734 | | 1833 | | | | | | | | | | | |
| Forest Hall Meadway Mead Crescent | 1539 | 1613 | 1643 | 1721 | 1744 | 1817 | 1843 | 1912 | | | | | | | | | | |
| Forest Hall Station Road North | 1548 | 1622 | 1652 | 1729 | 1752 | 1825 | 1851 | 1919 | | | | | | | | | | |
| Longbenton West Farm Avenue | 1556 | 1630 | 1700 | 1736 | 1758 | 1831 | 1857 | | | | | | | | | | | |
| M South Gosforth Roundabout | 1601 | 1635 | 1705 | 1740 | 1802 | 1835 | 1901 | | | | | | | | | | | |
| M Newcastle Haymarket | 1611 | 1645 | 1715 | 1750 | 1812 | 1844 | 1910 | | | | | | | | | | | |

Saturdays

| | ^A 356 | ^A 355 | 356 | 355 | 356 | 355 | 356 | | 355 | 356 | | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | |
|--|------------------|------------------|------|------|------|------|------|--------------------------|------|-------|------|------|------|------|------|------|-----|-----|-----|--|
| Whitley Bay Bournemouth Gardens | | | | | | | 0931 | then up to every 30 mins | 31 | until | | 1531 | 1631 | 1731 | 1831 | | | | | |
| M Whitley Bay HSBC | | | 0741 | | 0838 | | 0937 | | 37 | | 1537 | 1637 | 1737 | 1837 | | | | | | |
| M Monkseaton Front Street Shops | | | 0745 | | 0842 | | 0942 | | 42 | | 1542 | 1642 | 1742 | 1842 | | | | | | |
| North Tyneside Hospital | | | 0751 | | 0849 | | 0949 | | 49 | | 1549 | 1649 | 1749 | 1848 | | | | | | |
| Rake Lane Falmouth Road | | | 0751 | | 0850 | | 0950 | | 50 | | 1550 | 1650 | 1750 | 1848 | | | | | | |
| Murton Village Robin Hood | | | 0755 | | 0854 | | 0954 | | 54 | | 1554 | 1654 | 1754 | 1853 | | | | | | |
| Cobalt Park Village Hotel | | | 0801 | | 0859 | | 0959 | | 59 | | 1559 | 1659 | 1759 | 1858 | | | | | | |
| M Shiremoor Metro | | | 0805 | | 0904 | | 1004 | | 04 | | 1604 | 1704 | 1804 | 1902 | | | | | | |
| Backworth Lane | | | 0813 | | 0913 | | 1013 | | 13 | | 1613 | 1713 | 1813 | 1911 | | | | | | |
| Killingworth Bus Station Stand A <i>arr</i> | | | 0819 | | 0919 | | 1019 | | 19 | | 1619 | 1718 | 1818 | 1915 | | | | | | |
| Killingworth Bus Station Stand A <i>dep</i> | 0724 | | 0821 | | 0921 | | 1021 | 21 | 1621 | 1720 | 1820 | | | | | | | | | |
| Forest Hall Meadway Mead Crescent | 0732 | 0802 | 0829 | 0859 | 0929 | 0959 | 1029 | 59 | 29 | 1559 | 1629 | 1659 | 1729 | 1759 | 1829 | 1900 | | | | |
| Forest Hall Station Road North | 0739 | 0809 | 0838 | 0908 | 0938 | 1008 | 1038 | 08 | 38 | 1608 | 1638 | 1708 | 1738 | 1807 | 1837 | 1907 | | | | |
| Longbenton West Farm Avenue | 0745 | 0815 | 0844 | 0914 | 0944 | 1014 | 1044 | 14 | 44 | 1614 | 1644 | 1714 | 1744 | 1813 | 1843 | | | | | |
| M South Gosforth Roundabout | 0749 | 0819 | 0848 | 0918 | 0948 | 1018 | 1048 | 18 | 48 | 1618 | 1648 | 1718 | 1748 | 1817 | 1847 | | | | | |
| M Newcastle Haymarket | 0757 | 0827 | 0857 | 0927 | 0957 | 1027 | 1057 | 27 | 57 | 1627 | 1657 | 1726 | 1756 | 1825 | 1855 | | | | | |

Notes

^A this journey starts from Forest Hall, Crescent Way 1 minute earlier than Forest Hall Meadway, Mead Crescent

service 356 runs as 'Hail and Ride' through Murton Village -
 simply find somewhere safe to stand and raise your hand clearly to tell the driver you want to board

Mondays to Fridays except public holidays

| | 356 | 355 | 356 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 |
|--|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
| M Newcastle Haymarket stand X | | 0650 | | 0756 | 0826 | 0907 | 0937 | 1007 | 1037 | 1107 | 1137 | 1207 | 1237 | 1307 | 1337 | 1407 | 1437 | 1512 |
| M South Gosforth Roundabout | | 0658 | | 0808 | 0840 | 0916 | 0946 | 1016 | 1046 | 1116 | 1146 | 1216 | 1246 | 1316 | 1346 | 1416 | 1446 | 1522 |
| Longbenton West Farm Avenue | | 0701 | | 0812 | 0844 | 0919 | 0949 | 1019 | 1049 | 1119 | 1149 | 1219 | 1249 | 1319 | 1349 | 1419 | 1449 | 1525 |
| Forest Hall Station Road North | | 0707 | | 0821 | 0855 | 0926 | 0956 | 1026 | 1056 | 1126 | 1156 | 1226 | 1256 | 1326 | 1356 | 1426 | 1456 | 1535 |
| Forest Hall Meadway Mead Crescent | | 0709 | | 0823 | 0857 | 0928 | 0958 | 1028 | 1058 | 1128 | 1158 | 1228 | 1258 | 1328 | 1358 | 1428 | 1458 | 1537 |
| Killingworth Bus Station Stand D <i>arr</i> | | | | 0837 | | 0939 | | 1039 | | 1139 | | 1239 | | 1339 | | 1441 | | 1550 |
| Killingworth Bus Station Stand D <i>dep</i> | 0639 | | 0738 | 0841 | | 0941 | | 1041 | | 1141 | | 1241 | | 1341 | | 1444 | | 1553 |
| Backworth Lane | 0645 | | 0744 | 0847 | | 0947 | | 1047 | | 1147 | | 1247 | | 1347 | | 1450 | | 1559 |
| M Shiremoor Metro | 0653 | | 0753 | 0855 | | 0955 | | 1055 | | 1155 | | 1255 | | 1355 | | 1458 | | 1607 |
| Cobalt Park Village Hotel | 0657 | | 0758 | 0859 | | 0959 | | 1059 | | 1159 | | 1259 | | 1359 | | 1502 | | 1611 |
| Murton Village Robin Hood | 0702 | | 0803 | 0904 | | 1004 | | 1104 | | 1204 | | 1304 | | 1404 | | 1507 | | 1617 |
| Rake Lane Devon Road | 0707 | | 0807 | 0909 | | 1009 | | 1109 | | 1209 | | 1309 | | 1409 | | 1512 | | 1622 |
| North Tyneside Hospital | 0709 | | 0809 | 0911 | | 1011 | | 1111 | | 1211 | | 1311 | | 1411 | | 1514 | | 1624 |
| M Monkseaton Front Street Shops | 0714 | | 0815 | 0916 | | 1016 | | 1116 | | 1216 | | 1316 | | 1416 | | 1519 | | 1632 |
| M Whitley Bay Park Avenue | 0720 | | 0822 | 0923 | | 1023 | | 1123 | | 1223 | | 1323 | | 1423 | | 1526 | | 1639 |
| Whitley Bay Bournemouth Gardens | | | | 0926 | | 1026 | | 1126 | | 1226 | | 1326 | | 1426 | | 1529 | | |

| | 356 | 355 | 356 | 356 | 355 | 356 | 355 | 356 |
|--|------|------|------|------|------|------|------|------|
| M Newcastle Haymarket stand X | 1548 | 1618 | 1651 | 1721 | 1751 | 1821 | 1851 | 1921 |
| M South Gosforth Roundabout | 1559 | 1632 | 1706 | 1736 | 1805 | 1832 | 1900 | 1929 |
| Longbenton West Farm Avenue | 1602 | 1636 | 1710 | 1740 | 1808 | 1835 | 1903 | 1932 |
| Forest Hall Station Road North | 1610 | 1643 | 1717 | 1747 | 1814 | 1841 | 1909 | 1937 |
| Forest Hall Meadway Mead Crescent | 1612 | 1646 | 1720 | 1750 | 1816 | 1843 | 1911 | 1939 |
| Killingworth Bus Station Stand D <i>arr</i> | | 1658 | | 1801 | | 1853 | | 1949 |
| Killingworth Bus Station Stand D <i>dep</i> | 1701 | | 1805 | | 1855 | | 1951 | |
| Backworth Lane | 1707 | | 1811 | | 1901 | | 1957 | |
| M Shiremoor Metro | 1715 | | 1819 | | 1909 | | 2005 | |
| Cobalt Park Village Hotel | 1719 | | 1823 | | 1913 | | 2009 | |
| Murton Village Robin Hood | 1725 | | 1828 | | 1918 | | 2014 | |
| Rake Lane Devon Road | 1730 | | 1832 | | 1922 | | 2018 | |
| North Tyneside Hospital | 1732 | | 1834 | | 1923 | | 2019 | |
| M Monkseaton Front Street Shops | 1738 | | 1840 | | 1928 | | 2024 | |
| M Whitley Bay Park Avenue | 1745 | | 1846 | | 1933 | | 2029 | |

Saturdays

| | 356 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 | 355 | 356 |
|--|------|------|------|-----|-----|------|------|------|------|------|------|------|
| M Newcastle Haymarket stand X | | 0807 | 0837 | 07 | 37 | 1607 | 1637 | 1707 | 1737 | 1807 | 1842 | 1907 |
| M South Gosforth Roundabout | | 0816 | 0845 | 16 | 45 | 1616 | 1646 | 1716 | 1745 | 1815 | 1849 | 1915 |
| Longbenton West Farm Avenue | | 0819 | 0849 | 19 | 49 | 1619 | 1649 | 1719 | 1748 | 1818 | 1852 | 1918 |
| Forest Hall Station Road North | | 0826 | 0856 | 26 | 56 | 1626 | 1656 | 1726 | 1755 | 1823 | 1857 | 1923 |
| Forest Hall Meadway Mead Crescent | | 0828 | 0858 | 28 | 58 | 1628 | 1658 | 1728 | 1757 | 1825 | 1859 | 1925 |
| Killingworth Bus Station Stand D <i>arr</i> | | 0839 | | 39 | | 1639 | | 1739 | | 1835 | | 1935 |
| Killingworth Bus Station Stand D <i>dep</i> | 0753 | 0841 | | 41 | | 1641 | | 1741 | | 1837 | | 1937 |
| Backworth Lane | 0758 | 0847 | | 47 | | 1647 | | 1747 | | 1843 | | 1943 |
| M Shiremoor Metro | 0806 | 0855 | | 55 | | 1655 | | 1755 | | 1851 | | 1951 |
| Cobalt Park Village Hotel | 0810 | 0859 | | 59 | | 1659 | | 1759 | | 1855 | | 1955 |
| Murton Village Robin Hood | 0815 | 0904 | | 04 | | 1704 | | 1804 | | 1900 | | 2000 |
| Rake Lane Devon Road | 0819 | 0909 | | 09 | | 1709 | | 1808 | | 1904 | | 2004 |
| North Tyneside Hospital | 0821 | 0911 | | 11 | | 1711 | | 1810 | | 1905 | | 2005 |
| M Monkseaton Front Street Shops | 0827 | 0916 | | 16 | | 1716 | | 1815 | | 1910 | | 2010 |
| M Whitley Bay Park Avenue | 0833 | 0923 | | 23 | | 1722 | | 1820 | | 1915 | | 2015 |
| Whitley Bay Bournemouth Gardens | | 0926 | | 26 | | 1726 | | 1823 | | | | |

Notes

- service 356 runs as 'Hail and Ride' through Murton Village -
- ☞ simply find somewhere safe to stand and raise your hand clearly to tell the driver you want to board

Here's our handy guide to services across North Tyneside. On evenings and Sundays, service 54A runs instead of service 354 - just look for the purple dashed line.

352 buses between Newcastle, Quorum, Killingworth & Cramlington

353 buses between North Shields, Cobalt, Killingworth & Cramlington

354 buses between Newcastle, Quorum, Killingworth & North Shields

355 buses between Newcastle, Longbenton & Forest Hall

356 buses between Newcastle, Longbenton, Forest Hall & Whitley Bay

