

Mondays to Fridays



M Newcastle Market Street East
M Gateshead Interchange **stand J**
QE Hospital Travellers Rest
Wrekenton High Street
Springwell Perseverance Arms
Donwell bus link
Concord bus station **stand C**
Sulgrave bus link
Nissan factory
Hylton Castle Health Centre
Southwick green
M Sunderland Interchange **stand T**

0402	0502	0544	0615	0635	0707	0722	0737	0752	0807	0825	0842	0857	0912	0927	0942	0957
0410	0510	0554	0624	0644	0716	0731	0746	0801	0816	0834	0851	0906	0921	0936	0951	1006
0417	0517	0604	0634	0654	0727	0742	0757	0812	0827	0845	0902	0917	0932	0947	1002	1017
0421	0521	0608	0638	0658	0733	0748	0803	0818	0836	0851	0908	0923	0938	0953	1008	1023
0425	0525	0612	0642	0702	0738	0753	0808	0823	0841	0856	0913	0928	0943	0958	1013	1028
0429	0529	0616	0646	0706	0742	0757	0812	0827	0845	0900	0917	0932	0947	1002	1017	1032
0431	0531	0605	0620	0635	0650	0710	0730	0748	0803	0818	0834	0852	0907	0923	0938	0953
0434	0534	0609	0624	0639	0654	0714	0734	0752	0807	0822	0838	0856	0911	0927	0942	0957
0439	0539	0614	0629	0644	0659	0719	0739	0758	0813	0828	0843	0901	0916	0933	0948	1003
0444	0544	0619	0635	0650	0705	0724	0745	0803	0818	0833	0848	0906	0921	0938	0953	1008
0449	0549	0625	0641	0656	0711	0731	0752	0810	0825	0840	0855	0913	0928	0945	1000	1015
0459	0559	0635	0651	0706	0723	0743	0804	0822	0837	0852	0907	0925	0940	0957	1012	1027

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then every 15 mins	12	27	42	57	until	1312	1327	1342	1357	1412	1427	1442	1457	1512	1527	1547	1605	1620	1638	1653	1708
	21	36	51	06		1321	1336	1351	1406	1421	1436	1451	1506	1521	1536	1556	1614	1629	1647	1702	1717
	32	47	02	17		1332	1347	1402	1417	1432	1447	1502	1517	1532	1547	1607	1625	1640	1658	1713	1728
	38	53	08	23		1338	1353	1408	1423	1438	1453	1510	1525	1540	1555	1615	1633	1648	1706	1721	1736
	43	58	13	28		1343	1357	1413	1428	1443	1458	1515	1530	1545	1600	1620	1638	1653	1711	1726	1741
	47	02	17	32		1347	1402	1417	1432	1447	1502	1519	1534	1549	1604	1624	1642	1657	1715	1730	1745
	53	08	23	38		1353	1408	1423	1438	1453	1508	1526	1541	1556	1611	1631	1649	1704	1722	1737	1752
	57	12	27	42		1357	1412	1427	1442	1457	1512	1530	1545	1600	1615	1635	1653	1708	1726	1741	1756
	03	18	33	48		1403	1418	1433	1449	1504	1520	1538	1553	1608	1623	1643	1701	1716	1734	1749	1804
	08	23	38	53		1408	1423	1438	1455	1510	1526	1544	1559	1614	1629	1649	1707	1722	1740	1755	1810
	15	30	45	00		1415	1430	1445	1503	1518	1534	1552	1607	1622	1637	1657	1715	1730	1748	1803	1818
	27	42	57	12		1427	1442	1457	1518	1533	1549	1607	1622	1637	1652	1712	1730	1745	1803	1818	1833



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1723	1738	1753	1808	1825	1845	1905	1925	1945	2015	2045	2115	2145	2215	2245	2315	0002	0102	0202	0302	0402
1732	1747	1802	1817	1834	1854	1914	1934	1954	2024	2054	2124	2154	2224	2254	2324	0010	0110	0210	0310	0410
1743	1758	1813	1828	1845	1905	1925	1945	2004	2034	2104	2134	2204	2234	2304	2334	0017	0117	0217	0317	0417
1751	1806	1819	1834	1851	1910	1930	1950	2009	2039	2109	2139	2209	2239	2309	2339	0021	0121	0221	0321	0421
1756	1811	1824	1839	1856	1915	1935	1955	2013	2043	2113	2143	2213	2243	2313	2343	0025	0125	0225	0325	0425
1800	1815	1828	1843	1900	1919	1939	1959	2017	2047	2117	2147	2217	2247	2317	2347	0029	0129	0229	0329	0429
1807	1822	1834	1849	1906	1923	1943	2003	2021	2051	2121	2151	2221	2251	2321	2351	0031	0131	0231	0331	0431
1811	1826	1838	1853	1910	1927	1947	2007	2025	2055	2125	2155	2225	2255	2325	2355	0034	0134	0234	0334	0434
1819	1834	1845	1859	1916	1932	1952	2012	2030	2100	2130	2200	2230	2300	2330	0000	0039	0139	0239	0339	0439
1825	1840	1851	1904	1921	1937	1957	2017	2035	2105	2135	2205	2235	2305	2335	0005	0044	0144	0244	0344	0444
1833	1848	1859	1911	1928	1943	2003	2023	2041	2111	2141	2211	2241	2311	2341	0011	0049	0149	0249	0349	0449
1848	1903	1914	1923	1940	1953	2013	2033	2051	2121	2151	2221	2251	2321	2351	0021	0059	0159	0259	0359	0459



night buses on Cityrider 56 aren't operated with a bright orange Cityrider branded bus

keep an eye out for one of our red & blue buses instead

Saturdays



M Newcastle Market Street East
M Gateshead Interchange stand J
 QE Hospital Travellers Rest
 Wrekenton High Street
 Springwell Perseverance Arms
 Donwell bus link
 Concord bus station stand C
 Sulgrave bus link
 Nissan factory
 Hylton Castle Health Centre
 Southwick green
M Sunderland Interchange stand T

0402	0502	0613	0643	0713	0743	0813	0842	0857	0912	0927	0942	0957
0410	0510	0623	0653	0723	0753	0823	0851	0906	0921	0936	0951	1006
0417	0517	0633	0703	0733	0803	0833	0902	0917	0932	0947	1002	1017
0421	0521	0637	0707	0737	0807	0837	0908	0923	0938	0953	1008	1023
0425	0525	0641	0711	0741	0811	0841	0913	0928	0943	0958	1013	1028
0429	0529	0645	0715	0745	0815	0845	0917	0932	0947	1002	1017	1032
0431	0531	0625	0649	0719	0749	0819	0834	0849	0906	0923	0938	0953
0434	0534	0629	0653	0723	0753	0823	0838	0853	0910	0927	0942	0957
0439	0539	0634	0658	0728	0758	0828	0843	0858	0915	0933	0948	1003
0444	0544	0639	0703	0733	0803	0833	0848	0903	0920	0938	0953	1008
0449	0549	0645	0708	0738	0808	0838	0853	0908	0925	0945	1000	1015
0459	0559	0655	0718	0748	0818	0848	0903	0918	0937	0957	1012	1027

then every 15 mins

until

12	27	42	57
21	36	51	06
32	47	02	17
38	53	08	23
43	58	13	28
47	02	17	32
53	08	23	38
57	12	27	42
03	18	33	48
08	23	38	53
15	30	45	00
27	42	57	12

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1612	1627	1642	1657	1712	1727	1742	1757	1812	1827	1842	1857	1915	1945	2015	2045	2115	2145	2215	2245	2315
1621	1636	1651	1706	1721	1736	1751	1806	1821	1836	1851	1906	1924	1954	2024	2054	2124	2154	2224	2254	2324
1632	1647	1702	1717	1732	1747	1802	1817	1831	1846	1901	1916	1934	2004	2034	2104	2134	2204	2234	2304	2334
1638	1653	1708	1723	1738	1753	1807	1822	1836	1851	1906	1921	1939	2009	2039	2109	2139	2209	2239	2309	2339
1643	1658	1713	1728	1743	1758	1812	1827	1840	1855	1910	1925	1943	2013	2043	2113	2143	2213	2243	2313	2343
1647	1702	1717	1732	1747	1802	1816	1831	1844	1859	1914	1929	1947	2017	2047	2117	2147	2217	2247	2317	2347
1653	1708	1723	1738	1753	1808	1820	1835	1848	1903	1918	1933	1951	2021	2051	2121	2151	2221	2251	2321	2351
1657	1712	1727	1742	1757	1812	1824	1839	1852	1907	1922	1937	1955	2025	2055	2125	2155	2225	2255	2325	2355
1703	1718	1733	1748	1803	1818	1829	1844	1857	1912	1927	1942	2000	2030	2100	2130	2200	2230	2300	2330	0000
1708	1723	1738	1753	1808	1823	1833	1848	1902	1917	1932	1947	2005	2035	2105	2135	2205	2235	2305	2335	0005
1715	1730	1745	1800	1815	1830	1839	1854	1908	1923	1938	1953	2011	2041	2111	2141	2211	2241	2311	2341	0011
1727	1742	1757	1812	1827	1842	1849	1904	1918	1933	1948	2003	2021	2051	2121	2151	2221	2251	2321	2351	0021



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0002	0102	0202	0302	0402	0502
0010	0110	0210	0310	0410	0510
0017	0117	0217	0317	0417	0517
0021	0121	0221	0321	0421	0521
0025	0125	0225	0325	0425	0525
0029	0129	0229	0329	0429	0529
0031	0131	0231	0331	0431	0531
0034	0134	0234	0334	0434	0534
0039	0139	0239	0339	0439	0539
0044	0144	0244	0344	0444	0544
0049	0149	0249	0349	0449	0549
0059	0159	0259	0359	0459	0559



night buses on Cityrider 56
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Sundays & public holidays



M	Newcastle	Market Street East
M	Gateshead	Interchange stand J
	QE Hospital	Travellers Rest
	Wrekenton	High Street
	Springwell	Perseverance Arms
	Donwell	bus link
	Concord	bus station stand C
	Sulgrave	bus link
	Nissan	factory
	Hylton Castle	Health Centre
	Southwick	green
M	Sunderland	Interchange stand T

0402	0502	0606	0636	0711	0741	0814	0844	0921	0941	1001	1021	1041	then every 20 mins	01	21	41	until	1601	1621	1641
0410	0510	0614	0644	0719	0749	0823	0853	0930	0950	1010	1030	1050		10	30	50		1610	1630	1650
0417	0517	0623	0653	0728	0758	0833	0903	0940	1000	1020	1040	1100		20	40	00		1620	1640	1700
0421	0521	0627	0657	0732	0802	0837	0907	0945	1005	1025	1045	1105		25	45	05		1625	1645	1705
0425	0525	0631	0701	0736	0806	0841	0911	0949	1009	1029	1049	1109		29	49	09		1629	1649	1709
0429	0529	0634	0704	0739	0809	0845	0915	0953	1013	1033	1053	1113		33	53	13		1633	1653	1713
0431	0531	0638	0708	0743	0813	0849	0919	0958	1018	1038	1058	1118		38	58	18		1638	1658	1718
0434	0534	0642	0712	0747	0817	0853	0923	1002	1022	1042	1102	1122		42	02	22		1642	1702	1722
0439	0539	0647	0717	0752	0822	0858	0928	1007	1027	1047	1107	1127		47	07	27		1647	1707	1727
0444	0544	0651	0721	0756	0826	0903	0933	0954	1012	1032	1052	1132		52	12	32		1652	1712	1732
0449	0549	0656	0726	0801	0831	0909	0939	1000	1019	1039	1059	1139		59	19	39		1659	1719	1739
0459	0559	0706	0736	0811	0841	0919	0949	1009	1030	1050	1110	1130		10	30	50		1710	1730	1750

this journey starts from Ferryboat Lane at 0952

M	Newcastle	Market Street East
M	Gateshead	Interchange stand J
	QE Hospital	Travellers Rest
	Wrekenton	High Street
	Springwell	Perseverance Arms
	Donwell	bus link
	Concord	bus station stand C
	Sulgrave	bus link
	Nissan	factory
	Hylton Castle	Health Centre
	Southwick	green
M	Sunderland	Interchange stand T

1701	1721	1745	1815	1845	1915	1945	2015	2045	2115	2145	2215	2245	2315	0002	0102	0202	0302	0402	0502
1710	1730	1754	1824	1854	1924	1954	2024	2054	2124	2154	2224	2254	2324	0010	0110	0210	0310	0410	0510
1720	1740	1804	1834	1904	1934	2004	2034	2104	2134	2204	2234	2304	2334	0017	0117	0217	0317	0417	0517
1725	1745	1808	1838	1908	1938	2008	2038	2108	2138	2208	2238	2308	2338	0021	0121	0221	0321	0421	0521
1729	1749	1812	1842	1912	1942	2012	2042	2112	2142	2212	2242	2312	2342	0025	0125	0225	0325	0425	0525
1733	1753	1816	1846	1916	1946	2016	2046	2116	2146	2216	2246	2316	2346	0029	0129	0229	0329	0429	0529
1738	1758	1820	1850	1920	1950	2020	2050	2120	2150	2220	2250	2320	2350	0031	0131	0231	0331	0431	0531
1742	1802	1824	1854	1924	1954	2024	2054	2124	2154	2224	2254	2324	2354	0034	0134	0234	0334	0434	0534
1747	1807	1829	1859	1929	1959	2029	2059	2129	2159	2229	2259	2329	2359	0039	0139	0239	0339	0439	0539
1752	1812	1833	1903	1933	2003	2033	2103	2133	2203	2233	2303	2333	0003	0044	0144	0244	0344	0444	0544
1759	1819	1839	1909	1939	2009	2039	2109	2139	2209	2239	2309	2339	0009	0049	0149	0249	0349	0449	0549
1810	1830	1849	1919	1949	2019	2049	2119	2149	2219	2249	2319	2349	0019	0059	0159	0259	0359	0459	0559



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Mondays to Fridays



M Sunderland Interchange stand T
Southwick green
Hylton Castle Health Centre
Nissan factory
Sulgrave bus link
Concord bus station stand F
Donwell bus link
Springwell Perseverance Arms
Wrekenton High Street
QE Hospital Church Road
M Gateshead Interchange stand N
M Newcastle Market Street East

0405	0503	0525	0545	0602	0617	0631	0642	0654	0709	0724	0739	0754	0809	0829	0849	0904	0919	0934	0949
0415	0514	0536	0556	0613	0628	0642	0653	0709	0724	0739	0754	0809	0824	0844	0904	0919	0934	0949	1004
0420	0519	0542	0602	0619	0634	0648	0659	0715	0730	0745	0800	0815	0830	0850	0910	0925	0940	0955	1010
0425	0524	0548	0608	0625	0640	0654	0705	0721	0736	0751	0806	0821	0836	0856	0916	0931	0946	1001	1016
0430	0532	0554	0614	0631	0646	0700	0711	0727	0742	0757	0812	0827	0842	0902	0922	0937	0952	1007	1022
0433 0508	0538	0600	0620	0637	0652	0706	0718	0734	0749	0804	0819	0834	0849	0908	0928	0943	0958	1013	1028
0435 0511	0541	0603	0623	0640	0655	0709	0722	0738	0753	0808	0823	0838	0853	0911	0931	0946	1001	1016	1031
0438 0514	0544	0606	0627	0644	0659	0713	0726	0742	0757	0812	0827	0842	0857	0915	0935	0950	1005	1020	1035
0442 0519	0549	0611	0632	0650	0705	0719	0733	0749	0804	0819	0834	0849	0904	0921	0941	0956	1011	1026	1041
0446 0523	0553	0615	0636	0654	0709	0724	0739	0755	0810	0825	0840	0855	0910	0926	0946	1001	1016	1031	1046
0453 0533	0603	0625	0646	0706	0721	0737	0752	0808	0823	0838	0853	0908	0923	0939	0958	1013	1028	1043	1058
0459 0539	0609	0631	0652	0713	0728	0744	0802	0818	0833	0848	0903	0918	0933	0949	1005	1020	1035	1050	1105

from Nissan this bus runs

via Cherry Blossom Way, Nissan Way & Spire Road, then as normal from Sulgrave

M Sunderland Interchange stand T
Southwick green
Hylton Castle Health Centre
Nissan factory
Sulgrave bus link
Concord bus station stand F
Donwell bus link
Springwell Perseverance Arms
Wrekenton High Street
QE Hospital Church Road
M Gateshead Interchange stand N
M Newcastle Market Street East

then every 15 mins	04	19	34	49	until	1304	1319	1334	1349	1404	1419	1434	1449	1509	1524	1544	1601	1616	1631	1646	
	19	34	49	04		1319	1334	1349	1404	1419	1434	1449	1504	1524	1539	1559	1616	1631	1646	1701	
	25	40	55	10		1325	1340	1355	1410	1425	1440	1455	1510	1530	1545	1605	1622	1637	1652	1707	
	31	46	01	16		1331	1346	1401	1416	1431	1447	1502	1517	1537	1552	1611	1628	1643	1658	1713	
	37	52	07	22		1337	1352	1407	1422	1437	1453	1508	1523	1543	1558	1617	1634	1649	1704	1719	
	43	58	13	28		1343	1358	1413	1428	1443	1500	1515	1530	1550	1605	1624	1640	1655	1710	1725	
	46	01	16	31		1346	1401	1416	1431	1446	1503	1518	1533	1553	1608	1627	1643	1658	1713	1728	
	50	05	20	35		1350	1405	1420	1435	1450	1508	1523	1538	1558	1613	1631	1647	1702	1717	1732	
	56	11	26	41		1356	1411	1426	1441	1456	1514	1529	1544	1604	1619	1637	1653	1708	1723	1738	
	01	16	31	46		1401	1416	1431	1446	1501	1520	1533	1535	1550	1610	1625	1642	1658	1713	1728	1743
	13	28	43	58		1413	1428	1443	1458	1513	1532	1545	1547	1602	1622	1637	1654	1710	1725	1740	1755
	20	35	50	05		1420	1435	1450	1505	1520	1542	1557	1612	1632	1647	1702	1717	1732	1747	1802	

this journey runs on school days only, won't be a bright orange Cityrider branded bus, and starts from Seven Stars bus stop not High Street



M Sunderland Interchange stand T
Southwick green
Hylton Castle Health Centre
Nissan factory
Sulgrave bus link
Concord bus station stand F
Donwell bus link
Springwell Perseverance Arms
Wrekenton High Street
QE Hospital Church Road
M Gateshead Interchange stand N
M Newcastle Market Street East

1701	1721	1741	1756	1815	1835	1905	1935	2005	2035	2105	2135	2205	2235	2305	0005	0105	0205	0305	0405
1716	1736	1756	1811	1825	1845	1915	1945	2015	2045	2115	2145	2215	2245	2315	0015	0115	0215	0315	0415
1722	1742	1802	1817	1831	1851	1921	1951	2021	2051	2121	2151	2221	2251	2320	0020	0120	0220	0320	0420
1728	1748	1808	1823	1836	1856	1926	1956	2026	2056	2126	2156	2226	2256	2325	0025	0125	0225	0325	0425
1734	1754	1814	1829	1841	1901	1931	2001	2031	2101	2131	2201	2231	2301	2330	0030	0130	0230	0330	0430
1740	1800	1820	1833	1847	1907	1937	2007	2037	2107	2137	2207	2237	2305	2333	0033	0133	0233	0333	0433
1743	1803	1823	1850	1910	1940	2010	2040	2110	2140	2210	2240	2335	0035	0135	0235	0335	0435		
1747	1807	1827	1854	1914	1944	2014	2044	2114	2144	2214	2244	2338	0038	0138	0238	0338	0438		
1753	1813	1833	1858	1918	1948	2018	2048	2118	2148	2218	2248	2342	0042	0142	0242	0342	0442		
1758	1818	1838	1902	1922	1952	2022	2052	2122	2152	2222	2252	2346	0046	0146	0246	0346	0446		
1810	1830	1850	1912	1932	2002	2032	2102	2132	2202	2232	2302	2353	0053	0153	0253	0353	0453		
1817	1837	1857	1919	1939	2009	2039	2109	2139	2209	2239	2309	2359	0059	0159	0259	0359	0459		



night buses on Cityrider 56 aren't operated with a bright orange Cityrider bus keep an eye out for one of our red & blue buses instead

Saturdays



M Sunderland Interchange stand T
Southwick green
Hylton Castle Health Centre
Nissan factory
Sulgrave bus link
Concord bus station stand F
Donwell bus link
Springwell Perseverance Arms
Wrekenton High Street
QE Hospital Church Road
M Gateshead Interchange stand N
M Newcastle Market Street East

0405	0503	0535	0605	0635	0705	0725	-	0752	-	0821	0836	0851	0906	0921	0936	0949	1004	1019	1034	1049
0415	0514	0546	0616	0646	0716	0736	-	0805	-	0834	0849	0904	0919	0934	0949	1004	1019	1034	1049	1104
0420	0519	0551	0622	0652	0722	0742	-	0811	-	0840	0855	0910	0925	0940	0955	1010	1025	1040	1055	1110
0425	0524	0556	0627	0657	0727	0747	-	0817	-	0846	0901	0916	0931	0946	1001	1016	1031	1046	1101	1116
0430	0532	0601	0632	0702	0732	0752	-	0823	-	0852	0907	0922	0937	0952	1007	1022	1037	1052	1107	1122
0433	0538	0607	0638	0708	0738	0758	0813	0829	0843	0858	0913	0928	0943	0958	1013	1028	1043	1058	1113	1128
0435	0541	0610	0641	0711	0741	0801	0816	0832	0846	0901	0916	0931	0946	1001	1016	1031	1046	1101	1116	1131
0438	0544	0613	0645	0715	0745	0805	0820	0836	0850	0905	0920	0935	0950	1005	1020	1035	1050	1105	1120	1135
0442	0549	0618	0650	0720	0750	0810	0825	0842	0856	0911	0926	0941	0956	1011	1026	1041	1056	1111	1126	1141
0446	0553	0622	0653	0723	0753	0813	0828	0846	0901	0916	0931	0946	1001	1016	1031	1046	1101	1116	1131	1146
0453	0603	0632	0703	0733	0803	0823	0838	0858	0913	0928	0943	0958	1013	1028	1043	1058	1113	1128	1143	1158
0459	0609	0638	0710	0740	0810	0830	0845	0905	0920	0935	0950	1005	1020	1035	1050	1105	1120	1135	1150	1205

from Nissan this bus runs via

Cherry Blossom Way, Nissan Way & Spire Road, then as normal from Sulgrave

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then every 15 mins	04	19	34	49	until	1604	1619	1634	1649	1704	1719	1734	1749	1805	1835	1905	1935	2005	2035	2105	2135
	19	34	49	04		1619	1634	1649	1704	1719	1734	1749	1804	1815	1845	1915	1945	2015	2045	2115	2145
	25	40	55	10		1625	1640	1655	1710	1725	1740	1755	1810	1821	1851	1921	1951	2021	2051	2121	2151
	31	46	01	16		1631	1646	1701	1716	1731	1746	1801	1816	1826	1856	1926	1956	2026	2056	2126	2156
	37	52	07	22		1637	1652	1707	1722	1737	1752	1807	1822	1831	1901	1931	2001	2031	2101	2131	2201
	43	58	13	28		1643	1658	1713	1728	1743	1758	1813	1826	1837	1907	1937	2007	2037	2107	2137	2207
	46	01	16	31		1646	1701	1716	1731	1746	1801	1816		1840	1910	1940	2010	2040	2110	2140	2210
	50	05	20	35		1650	1705	1720	1735	1750	1805	1820		1844	1914	1944	2014	2044	2114	2144	2214
	56	11	26	41		1656	1711	1726	1741	1756	1811	1826		1848	1918	1948	2018	2048	2118	2148	2218
	01	16	31	46		1701	1716	1731	1746	1801	1816	1831		1852	1922	1952	2022	2052	2122	2152	2222
	13	28	43	58		1713	1728	1743	1758	1813	1828	1843		1902	1932	2002	2032	2102	2132	2202	2232
	20	35	50	05		1720	1735	1750	1805	1820	1835	1850		1909	1939	2009	2039	2109	2139	2209	2239



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2205	2235	2305	0005	0105	0205	0305	0405
2215	2245	2315	0015	0115	0215	0315	0415
2221	2251	2320	0020	0120	0220	0320	0420
2226	2256	2325	0025	0125	0225	0325	0425
2231	2301	2330	0030	0130	0230	0330	0430
2237	2305	2333	0033	0133	0233	0333	0433
2240		2335	0035	0135	0235	0335	0435
2244		2338	0038	0138	0238	0338	0438
2248		2342	0042	0142	0242	0342	0442
2252		2346	0046	0146	0246	0346	0446
2302		2353	0053	0153	0253	0353	0453
2309		2359	0059	0159	0259	0359	0459



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Sundays & public holidays



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0405	0502	0532	0607	0637	0708	0738	0808	0834	0854	0907	0927	0947
0415	0512	0542	0617	0647	0719	0749	0819	0845	0905	0919	0939	0959
0420	0517	0547	0622	0652	0725	0755	0825	0851	0911	0925	0945	1005
0425	0521	0551	0626	0656	0729	0759	0829	0855	0915	0931	0951	1011
0430	0526	0556	0631	0701	0734	0804	0834	0900	0920	0936	0956	1016
0433	0531	0601	0636	0706	0739	0809	0839	0905	0925	0942	1002	1022
0435	0534	0604	0639	0709	0742	0812	0842	0908	0928	0945	1005	1025
0438	0538	0608	0643	0713	0746	0816	0846	0912	0932	0950	1010	1030
0442	0542	0612	0647	0717	0750	0820	0850	0916	0936	0955	1015	1035
0446	0546	0616	0651	0721	0754	0824	0854	0920	0940	0959	1019	1039
0453	0556	0626	0701	0731	0804	0834	0904	0930	0950	1010	1030	1050
0459	0603	0633	0708	0738	0811	0841	0911	0937	0957	1017	1037	1057

then every 20 mins	07	27	47	until	1507	1527	1547
	19	39	59		1519	1539	1559
	25	45	05		1525	1545	1605
	31	51	11		1531	1551	1611
	36	56	16		1536	1556	1616
	42	02	22		1542	1602	1622
	45	05	25		1545	1605	1625
	50	10	30		1550	1610	1630
	55	15	35		1555	1615	1635
	59	19	39		1559	1619	1639
	10	30	50		1610	1630	1650
	17	37	57		1617	1637	1657

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1607	1636	1706	1736	1806	1836	1908	1938	2008	2038	2108	2138	2208	2305	0005	0105	0205	0305	0405
1619	1648	1718	1748	1818	1848	1918	1948	2018	2048	2118	2148	2218	2315	0015	0115	0215	0315	0415
1625	1654	1724	1754	1824	1854	1924	1954	2024	2054	2124	2154	2224	2320	0020	0120	0220	0320	0420
1631	1659	1729	1759	1829	1859	1929	1959	2029	2059	2129	2159	2229	2325	0025	0125	0225	0325	0425
1636	1704	1734	1804	1834	1904	1934	2004	2034	2104	2134	2204	2234	2330	0030	0130	0230	0330	0430
1642	1710	1740	1810	1840	1910	1940	2010	2040	2110	2140	2210	2240	2333	0033	0133	0233	0333	0433
1645	1713	1743	1813	1843	1913	1943	2013	2043	2113	2143	2213	2243	2335	0035	0135	0235	0335	0435
1650	1717	1747	1817	1847	1917	1946	2016	2046	2116	2146	2216	2246	2338	0038	0138	0238	0338	0438
1655	1721	1751	1821	1851	1921	1950	2020	2050	2120	2150	2220	2250	2342	0042	0142	0242	0342	0442
1659	1725	1755	1825	1855	1925	1954	2024	2054	2124	2154	2224	2254	2346	0046	0146	0246	0346	0446
1710	1735	1805	1835	1905	1935	2004	2034	2104	2134	2204	2234	2304	2353	0053	0153	0253	0353	0453
1717	1742	1812	1842	1912	1942	2011	2041	2111	2141	2211	2241	2311	2359	0059	0159	0259	0359	0459



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