

Mondays to Fridays

0508	0538	0608	0626	0644	0705	0721	0741	0812	0832	0855	0915	0935	0955
0511	0541	0611	0630	0648	0709	0725	0746	0817	0837	0859	0919	0939	0959
0514	0544	0614	0633	0651	0712	0729	0751	0822	0842	0902	0922	0942	1002
0523	0553	0624	0644	0702	0723	0741	0803	0833	0853	0913	0933	0953	1013
0527	0557	0628	0648	0706	0727	0746	0808	0838	0858	0918	0938	0958	1018
0531	0601	0633	0653	0711	0732	0752	0814	0843	0903	0923	0943	1003	1023
0536	0606	0638	0659	0718	0739	0759	0821	0849	0909	0929	0949	1009	1029
0539	0609	0641	0702	0721	0742	0802	0824	0852	0912	0932	0952	1012	1032
0541	0611	0643	0704	0724	0746	0806	0828	0855	0915	0935	0955	1015	1035
0552	0616	0649	0710	0730	0752	0812	0834	0901	0921	0941	1001	1021	1041
0554	0618	0652	0713	0733	0755	0815	0837	0904	0924	0944	1004	1024	1044
0559	0623	0657	0718	0738	0805	0825	0845	0910	0930	0950	1010	1030	1050

then every 20 mins	15	35	55	until
	19	39	59	
	22	42	02	
	33	53	13	
	38	58	18	
	43	03	23	
	49	09	29	
	52	12	32	
	55	15	35	
	01	21	41	

1315	1335	1355
1319	1339	1359
1322	1342	1402
1333	1353	1413
1338	1358	1418
1343	1403	1423
1349	1409	1429
1352	1412	1432
1355	1415	1435
1401	1421	1441
1404	1424	1444
1410	1430	1450

1415	1435	1455	1515	1535	1552	1610	1630	1650	1710	1730	1750	1810	1835	1903	1935					
1419	1439	1459	1519	1539	1556	1614	1634	1654	1714	1734	1754	1814	1839	1907	1939					
1422	1442	1502	1522	1542	1559	1617	1637	1657	1717	1737	1757	1817	1842	1910	1942					
1433	1453	1513	1533	1553	1611	1630	1650	1711	1732	1750	1809	1828	1853	1920	1951					
1438	1458	1518	1538	1558	1616	1635	1655	1716	1737	1755	1814	1832	1857	1924	1955					
1443	1503	1523	1543	1603	1621	1640	1700	1721	1742	1800	1819	1837	1902	1928	1959					
1449	1510	1530	1550	1610	1629	1649	1709	1730	1750	1807	1826	1843	1908	1933	2003					
1452	1513	1533	1553	1613	1633	1653	1713	1733	1753	1810	1829	1846	1911	1936	2006					
1455	1518	1538	1558	1608	1618	1628	1638	1648	1658	1708	1718	1728	1738	1759	1814	1832	1849	1914	1938	2008
1501	1524	1544	1604	1614	1624	1634	1644	1654	1704	1714	1724	1734	1744	1805	1820	1838	1854	1919	1943	2013
1504	1527	1547	1607	1617	1627	1637	1647	1657	1707	1717	1727	1737	1747	1808	1823	1841	1857	1922	1946	2015
1510	1533	1553	1615	1625	1635	1645	1655	1705	1715	1725	1735	1745	1755	1816	1829	1847	1902	1927	1951	2020

2005	2035	2105	2135	2205	2235	2305
2009	2039	2109	2139	2209	2239	2309
2012	2042	2112	2142	2212	2242	2312
2021	2051	2121	2151	2221	2251	2321
2025	2055	2125	2155	2225	2255	2325
2029	2059	2129	2159	2229	2259	2329
2033	2103	2133	2203	2233	2303	2333
2036	2106	2136	2206	2236	2306	2336
2038	2108	2138	2208	2238	2308	2338
2043	2113	2143	2213	2243	2313	2343
2045	2115	2145	2215	2245	2315	2345
2050	2120	2150	2220	2250	2320	2350

● this journey also calls at Earlsway Royal Mail, at 0546

M	Gateshead Interchange stand C
	Gateshead College
M	Gateshead Stadium
M	Heworth Metro stand B
	Felling Square
	Queen Elizabeth Hospital
	Low Fell The Ale Taster
	Team Valley Sainsbury's
	Retail World Marquis Way
	Team Valley North End
	Lobley Hill Road Victoria Road
M	Gateshead Interchange stand N
M	Gateshead Interchange stand C
	Gateshead College
M	Gateshead Stadium
M	Heworth Metro stand B
	Felling Square
	Queen Elizabeth Hospital
	Low Fell The Ale Taster
	Team Valley Sainsbury's
	Retail World Marquis Way
	Team Valley North End
	Lobley Hill Road Victoria Road
M	Gateshead Interchange stand N
M	Gateshead Interchange stand C
	Gateshead College
M	Gateshead Stadium
M	Heworth Metro stand B
	Felling Square
	Queen Elizabeth Hospital
	Low Fell The Ale Taster
	Team Valley Sainsbury's
	Retail World Marquis Way
	Team Valley North End
	Lobley Hill Road Victoria Road
M	Gateshead Interchange stand N

Saturdays

0508	0538	0608	0638	0708	0738	0808	0838	0855	0915	0935	0955
0511	0541	0611	0641	0711	0741	0811	0841	0859	0919	0939	0959
0514	0544	0614	0644	0714	0744	0814	0844	0902	0922	0942	1002
0523	0553	0624	0654	0724	0754	0824	0854	0913	0933	0953	1013
0527	0557	0628	0658	0728	0758	0828	0858	0918	0938	0958	1018
0531	0601	0633	0703	0733	0803	0833	0903	0923	0943	1003	1023
0536	0606	0638	0708	0738	0808	0838	0908	0929	0949	1009	1029
0539	0609	0641	0711	0741	0811	0841	0911	0932	0952	1012	1032
0541	0611	0643	0713	0743	0813	0843	0913	0935	0955	1015	1035
0552	0616	0649	0719	0749	0819	0849	0919	0941	1001	1021	1041
0554	0618	0652	0722	0752	0822	0852	0922	0944	1004	1024	1044
0559	0623	0657	0727	0757	0827	0857	0927	0950	1010	1030	1050

15	35	55
19	39	59
22	42	02
33	53	13
38	58	18
43	03	23
49	09	29
52	12	32
55	15	35
01	21	41
04	24	44
10	30	50

then every 20 mins

until

1615	1635	1655	1715	1743
1619	1639	1659	1719	1747
1622	1642	1702	1722	1750
1633	1653	1713	1733	1801
1638	1658	1718	1738	1806
1643	1703	1723	1743	1811
1649	1709	1729	1749	1817
1652	1712	1732	1752	1820
1655	1715	1735	1755	1823
1701	1721	1741	1801	1829
1704	1724	1744	1804	1832
1710	1730	1750	1810	1838

1803	1818	1842	1902	1935	2005	2035	2105	2135	2205	2235	2305
1807	1822	1846	1906	1939	2009	2039	2109	2139	2209	2239	2309
1810	1825	1849	1909	1942	2012	2042	2112	2142	2212	2242	2312
1820	1835	1858	1918	1951	2021	2051	2121	2151	2221	2251	2321
1824	1839	1902	1922	1955	2025	2055	2125	2155	2225	2255	2325
1829	1844	1906	1926	1959	2029	2059	2129	2159	2229	2259	2329
1835	1850	1911	1931	2003	2033	2103	2133	2203	2233	2303	2333
1838	1853	1914	1934	2006	2036	2106	2136	2206	2236	2306	2336
1841	1856	1916	1936	2008	2038	2108	2138	2208	2238	2308	2338
1846	1901	1921	1941	2013	2043	2113	2143	2213	2243	2313	2343
1849	1904	1924	1944	2015	2045	2115	2145	2215	2245	2315	2345
1854	1909	1929	1949	2020	2050	2120	2150	2220	2250	2320	2350

- this journey also calls at Earlsway Royal Mail, at 0546

Sundays & public holidays

M Gateshead Interchange stand C	0508	0538	0608	0638	0708	0738	0808	0838	0900	0930	then every 30 mins until	00 30	1700	1730	1800	1835	1905	1935	2005	
Gateshead College	0512	0542	0612	0642	0712	0742	0812	0842	0904	0934		04 34	1704	1734	1804	1839	1909	1939	2009	
M Gateshead Stadium	0514	0545	0615	0645	0715	0745	0815	0845	0907	0937		07 37	1707	1737	1807	1842	1912	1942	2012	
M Heworth Metro stand B	0523	0553	0623	0653	0723	0753	0823	0853	0917	0947		17 47	1717	1747	1817	1851	1921	1951	2021	
Felling Square	0527	0557	0627	0657	0727	0757	0827	0857	0921	0951		21 51	1721	1751	1821	1855	1925	1955	2025	
Queen Elizabeth Hospital	0531	0601	0631	0701	0731	0801	0831	0901	0926	0956		26 56	1726	1756	1826	1859	1929	1959	2029	
Low Fell The Ale Taster	0536	0606	0636	0706	0736	0806	0836	0906	0931	1001		31 01	1731	1801	1831	1903	1933	2003	2033	
Team Valley Sainsbury's	0539	0609	0639	0709	0739	0809	0839	0909	0934	1004		34 04	1734	1804	1834	1906	1936	2006	2036	
Retail World Marquis Way	0541	0611	0641	0711	0741	0811	0841	0911	0937	1007		37 07	1737	1807	1837	1908	1938	2008	2038	
Team Valley North End	0552	0616	0646	0716	0746	0816	0846	0916	0942	1012		42 12	1742	1812	1842	1913	1943	2013	2043	
Lobley Hill Road Victoria Road	0554	0618	0648	0718	0748	0818	0848	0918	0944	1014		44 14	1744	1814	1844	1915	1945	2015	2045	
M Gateshead Interchange stand N	0559	0623	0653	0723	0753	0823	0853	0923	0950	1020		50 20	1750	1820	1850	1920	1950	2020	2050	
M Gateshead Interchange stand C	2035	2105	2135	2205	2235	2305														
Gateshead College	2039	2109	2139	2209	2239	2309														
M Gateshead Stadium	2042	2112	2142	2212	2242	2312														
M Heworth Metro stand B	2051	2121	2151	2221	2251	2321														
Felling Square	2055	2125	2155	2225	2255	2325														
Queen Elizabeth Hospital	2059	2129	2159	2229	2259	2329														
Low Fell The Ale Taster	2103	2133	2203	2233	2303	2333														
Team Valley Sainsbury's	2106	2136	2206	2236	2306	2336														
Retail World Marquis Way	2108	2138	2208	2238	2308	2338														
Team Valley North End	2113	2143	2213	2243	2313	2343														
Lobley Hill Road Victoria Road	2115	2145	2215	2245	2315	2345														
M Gateshead Interchange stand N	2120	2150	2220	2250	2320	2350														

● this journey also calls at
Earlsway Royal Mail, at 0546

Mondays to Fridays

- M** **Gateshead** Interchange stand B
- Lobley Hill Road** Victoria Road
- Team Valley** North End
- Retail World** Marquis Way
- Team Valley** Sainsbury's
- Low Fell** The Ale Taster
- Queen Elizabeth Hospital**
- Felling Square**
- M** **Heworth** Metro stand B
- M** **Gateshead** Stadium
- Gateshead** College
- M** **Gateshead** Interchange stand N

0534	0604	0634	0654	0709	0725	0735	0745	0755	0805	0820	0835	0900	0920	0940
0539	0609	0640	0700	0715	0732	0742	0752	0802	0812	0827	0841	0906	0926	0946
0541	0611	0642	0702	0717	0735	0745	0755	0805	0815	0830	0843	0908	0928	0948
0547	0617	0648	0708	0723	0741	0751	0801	0811	0821	0836	0849	0914	0934	0954
0549	0619	0650	0710	0726	0744		0804		0824		0852	0917	0937	0957
0552	0622	0653	0713	0729	0747		0807		0827		0855	0920	0940	1000
0557	0627	0659	0719	0736	0755		0815		0835		0902	0927	0947	1007
0601	0631	0703	0723	0740	0800		0820		0840		0906	0931	0951	1011
0605	0636	0708	0728	0747	0807		0827		0847		0912	0937	0957	1017
0613	0645	0717	0737	0756	0816		0836		0856		0920	0945	1005	1025
0617	0649	0721	0741	0800	0820		0840		0900		0923	0948	1008	1028
0621	0653	0726	0746	0807	0827		0847		0907		0927	0952	1012	1032

then every 20 mins	00	20	40	until	1400	1420
	06	26	46		1406	1426
	08	28	48		1408	1428
	14	34	54		1414	1434
	17	37	57		1417	1437
	20	40	00		1420	1440
	27	47	07		1427	1447
	31	51	11		1431	1451
	37	57	17		1437	1457
	45	05	25		1445	1505
48	08	28	1448	1508		
52	12	32	1452	1512		

- M** **Gateshead** Interchange stand B
- Lobley Hill Road** Victoria Road
- Team Valley** North End
- Retail World** Marquis Way
- Team Valley** Sainsbury's
- Low Fell** The Ale Taster
- Queen Elizabeth Hospital**
- Felling Square**
- M** **Heworth** Metro stand B
- M** **Gateshead** Stadium
- Gateshead** College
- M** **Gateshead** Interchange stand N

1440	1500	1520	1542	1602	1622	1642	1702	1722	1742	1802	1834	1904	1934	2004	2034	2104	2134	2204	2234	2304
1446	1506	1526	1549	1609	1629	1649	1709	1729	1749	1808	1840	1909	1939	2009	2039	2109	2139	2209	2239	2309
1448	1508	1529	1552	1612	1632	1652	1712	1732	1752	1811	1842	1911	1941	2011	2041	2111	2141	2211	2241	2311
1455	1515	1536	1559	1619	1639	1700	1720	1739	1759	1817	1848	1917	1946	2016	2046	2116	2146	2216	2246	2316
1458	1518	1540	1604	1624	1644	1705	1725	1744	1804	1821	1850	1919	1948	2018	2048	2118	2148	2218	2248	2318
1502	1522	1543	1607	1627	1647	1708	1728	1747	1807	1824	1853	1922	1951	2021	2051	2121	2151	2221	2251	2321
1509	1529	1550	1614	1634	1654	1715	1735	1754	1814	1831	1900	1929	1956	2026	2056	2126	2156	2226	2256	2326
1514	1534	1555	1619	1639	1659	1720	1740	1758	1818	1835	1904	1932	1959	2029	2059	2129	2159	2229	2259	2329
1523	1543	1602	1627	1647	1707	1728	1748	1806	1825	1841	1909	1937	2003	2033	2103	2133	2203	2233	2303	2333
1531	1551	1610	1635	1655	1715	1736	1756	1814	1833	1849	1917	1945	2011	2041	2111	2141	2211	2241	2311	2341
1534	1554	1613	1638	1658	1718	1739	1759	1817	1836	1852	1920	1948	2014	2044	2114	2144	2214	2244	2314	2344
1538	1558	1618	1643	1703	1723	1744	1804	1821	1840	1856	1924	1952	2018	2048	2118	2148	2218	2248	2318	2348

Saturdays

M Gateshead Interchange stand B

Lobley Hill Road Victoria Road

Team Valley North End

Retail World Marquis Way

Team Valley Sainsbury's

Low Fell The Ale Taster

Queen Elizabeth Hospital

Felling Square

M  Heworth Metro stand B**M** Gateshead Stadium

Gateshead College

M Gateshead Interchange stand N**M** Gateshead Interchange stand B

Lobley Hill Road Victoria Road

Team Valley North End

Retail World Marquis Way

Team Valley Sainsbury's

Low Fell The Ale Taster

Queen Elizabeth Hospital

Felling Square

M  Heworth Metro stand B**M** Gateshead Stadium

Gateshead College

M Gateshead Interchange stand N

0534	0604	0634	0704	0734	0804	0834	0900	0920	0940
0539	0609	0639	0709	0739	0809	0839	0906	0926	0946
0541	0611	0641	0711	0741	0811	0841	0908	0928	0948
0547	0617	0647	0717	0747	0817	0847	0914	0934	0954
0549	0619	0649	0719	0749	0819	0849	0917	0937	0957
0552	0622	0652	0722	0752	0822	0852	0920	0940	1000
0557	0627	0657	0727	0757	0827	0857	0927	0947	1007
0601	0631	0701	0731	0801	0831	0901	0931	0951	1011
0605	0636	0706	0736	0806	0836	0906	0937	0957	1017
0613	0644	0714	0744	0814	0844	0914	0945	1005	1025
0616	0647	0717	0747	0817	0847	0917	0948	1008	1028
0620	0651	0721	0751	0821	0851	0921	0952	1012	1032

1834	1904	1934	2004	2034	2104	2134	2204	2234	2304
1840	1909	1939	2009	2039	2109	2139	2209	2239	2309
1842	1911	1941	2011	2041	2111	2141	2211	2241	2311
1848	1917	1946	2016	2046	2116	2146	2216	2246	2316
1850	1919	1948	2018	2048	2118	2148	2218	2248	2318
1853	1922	1951	2021	2051	2121	2151	2221	2251	2321
1900	1929	1957	2027	2057	2127	2157	2227	2257	2327
1904	1932	2000	2030	2100	2130	2200	2230	2300	2330
1909	1937	2004	2034	2104	2134	2204	2234	2304	2334
1916	1945	2012	2042	2112	2142	2212	2242	2312	2342
1919	1948	2015	2045	2115	2145	2215	2245	2315	2345
1923	1952	2019	2049	2119	2149	2219	2249	2319	2349

then every 20 mins

00	20	40
06	26	46
08	28	48
14	34	54
17	37	57
20	40	00
27	47	07
31	51	11
37	57	17
45	05	25
48	08	28
52	12	32

until

1600	1620	1640	1700	1720	1740	1802
1606	1626	1646	1706	1726	1746	1808
1608	1628	1648	1708	1728	1748	1810
1614	1634	1654	1714	1734	1754	1816
1617	1637	1657	1717	1737	1757	1819
1620	1640	1700	1720	1740	1800	1822
1627	1647	1707	1727	1747	1807	1829
1631	1651	1711	1731	1751	1811	1833
1637	1657	1717	1737	1757	1816	1838
1645	1705	1725	1745	1805	1824	1846
1648	1708	1728	1748	1808	1827	1849
1652	1712	1732	1752	1812	1831	1853

Sundays & public holidays

M Gateshead Interchange stand B	0539	0609	0639	0709	0739	0809	0836	0906	0936	then every 30 mins	06 36	until	1606	1636	1706	1736	1806	1834	1904	1934	
Lobley Hill Road Victoria Road	0544	0614	0644	0714	0744	0814	0842	0912	0942		12 42		1612	1642	1712	1741	1811	1839	1909	1939	
Team Valley North End	0546	0616	0646	0716	0746	0816	0844	0914	0944		14 44		1614	1644	1714	1743	1813	1841	1911	1941	
Retail World Marquis Way	0551	0621	0651	0721	0751	0821	0849	0919	0949		19 49		1619	1649	1719	1748	1818	1846	1916	1946	
Team Valley Sainsbury's	0553	0623	0653	0723	0753	0823	0851	0921	0951		21 51		1621	1651	1721	1750	1820	1848	1918	1948	
Low Fell The Ale Taster	0556	0626	0656	0726	0756	0826	0854	0924	0954		24 54		1624	1654	1724	1753	1823	1851	1921	1951	
Queen Elizabeth Hospital	0601	0631	0701	0731	0801	0831	0900	0930	1000		30 00		1630	1700	1730	1758	1828	1856	1926	1956	
Felling Square	0604	0634	0704	0734	0804	0834	0904	0934	1004		34 04		1634	1704	1734	1801	1831	1859	1929	1959	
M Heworth Metro stand B	0608	0638	0708	0738	0808	0838	0909	0939	1009		39 09		1639	1709	1739	1805	1835	1903	1933	2003	
M Gateshead Stadium	0616	0646	0716	0746	0816	0846	0917	0947	1017		47 17		1647	1717	1747	1813	1843	1911	1941	2011	
Gateshead College	0619	0649	0719	0749	0819	0849	0920	0950	1020		50 20		1650	1720	1750	1816	1846	1914	1944	2014	
M Gateshead Interchange stand N	0623	0653	0723	0753	0823	0853	0924	0954	1024		54 24		1654	1724	1754	1820	1850	1918	1948	2018	
M Gateshead Interchange stand B	2004	2034	2104	2134	2204	2234	2304														
Lobley Hill Road Victoria Road	2009	2039	2109	2139	2209	2239	2309														
Team Valley North End	2011	2041	2111	2141	2211	2241	2311														
Retail World Marquis Way	2016	2046	2116	2146	2216	2246	2316														
Team Valley Sainsbury's	2018	2048	2118	2148	2218	2248	2318														
Low Fell The Ale Taster	2021	2051	2121	2151	2221	2251	2321														
Queen Elizabeth Hospital	2026	2056	2126	2156	2226	2256	2326														
Felling Square	2029	2059	2129	2159	2229	2259	2329														
M Heworth Metro stand B	2033	2103	2133	2203	2233	2303	2333														
M Gateshead Stadium	2041	2111	2141	2211	2241	2311	2341														
Gateshead College	2044	2114	2144	2214	2244	2314	2344														
M Gateshead Interchange stand N	2048	2118	2148	2218	2248	2318	2348														