

METRO **M** shuttle

Mondays to Sundays & public holidays

Heworth stand D **M**

0710 0725 0740 0755 **then at** 10 25 40 55 **until** 1910 1925 1940 1955 2010 2025

NHS Nightingale Hospital North East **H**

0720 0735 0750 0805 **then at** 20 35 50 05 **until** 1920 1935 1950 2005 2020 2035

Mondays to Sundays & public holidays

NHS Nightingale Hospital North East **H**

0720 0735 0750 0805 0820 0835 0850 **then at** 05 20 35 50 **until** 1905 1920 1935 1950 2005 2020 2035

Heworth stand D **M**

0730 0745 0800 0815 0830 0845 0900 **then at** 15 30 45 00 **until** 1915 1930 1945 2000 2015 2030 2045

direct, fast buses to the
Nightingale Hospital 
 for the Vaccination Centre



- METRO M shuttle** every **15** mins
- connectorshuttle** every **15** mins
- sunderlandshuttle** every **20** mins

